



COMPREHENSIVE ASSESSMENT

Arubah Emotional Health Services is an African American, woman owned organization who specializes in culturally sensitive services. Arubah prides itself on having a diverse group of staff with various backgrounds and competencies. In addition to outpatient mental health services Arubah also offers substance use disorders comprehensive assessments. A qualified licensed drug and alcohol counselor is available to conduct the assessment and provide referrals to treatment if need be.

If additional mental health services are needed, Arubah offers an array of other services as well including ARMHS services, individual, family and couples counseling.

FAQs:

Does Arubah offer substance use treatment?

Arubah does not offer substance use treatment but has qualified LADCs who can provide an appropriate treatment referral.

How quickly can I be seen for a comprehensive assessment?

On average a person can be seen for assessment within 7 business days of contacting Arubah's intake department.

How long does the process take?

On average a comprehensive assessment takes two hours to complete.

Where is the office located?

Assessments will take place at The Healing Center, 5201 Bryant Avenue N. Minneapolis, MN 55430, Monday-Friday 9a-5p.

Can I complete the assessment virtually?

This is not preferred. However, if a person lives outside the metro area, Arubah can consider this on a case-by-case basis.

Next steps:

If you are interested in getting a comprehensive assessment with Arubah Emotional Health Services, call the intake phone number **612-284-8115** or email intake, intake@arubahemotionalhealth.com. You will be sent forms to complete prior to your assessment. You also have the option to complete the forms on the day of the assessment.